# Spirulina is rich in nutrients and vital substances

### Application:

For an adult, we recommend taking 8-10 Spirulina tablets throughout the day. Swallow the pellets whole and with plenty of liquid (min. 250 ml), preferably water. Please do not crush or chew.

### Important vital substances in spirulina:

- Beta carotene (provitamin A)
- Thiamine (B1), riboflavin (B2)
- Niacin (B3), pantothenic acid (B5)
- Pyridoxine (B6)
- Cobalamin (B12, bioactive)
- Vitamin E (alpha tocopherol)
- Calcium, Magnesium
- Potassium, Iron, Selenium, Iodine, Zinc, Sodium

## The i-like Spirulina are:









Swiss High Bioresonance Yin-Yang activated

Vegan

Discover many more information and application tips in our essential products catalogue.



Conclusion: Vital products - simply experience

## i-like is: help to self-help

The i-like Spirulina tablets are:

- Enabled by the latest Swiss Bioresonance-Technology
- Balanced in Yin Yang according to the five-element
- With Spirulina platensis and valuable herbs and spices
- 100% natural, 100% vegan
- Particularly economical as pressed tablets
- Optimally bioactive in pressed form
- Superfood for LED problems
- Extraordinary ingredients combined with the latest technology and traditional wisdom
- Swiss High Quality

Benefit from other i-like bioresonance products such as ProBodyTea, CurSun+, Room-Converter, Bioresonance Cosmetics and many other valuable helpers in everyday life!



i-like - "Help to self-help!" the specialist for metaphysics and resonance effects i-like Metaphysik GmbH, GBR-Zentrum, CH-9445 Rebstein, i-like.net

My consultant:





# Spirulina is rich in nutrients and vital substances

These include vitamin B12

and phycocyanin, a pig-

ment-protein antioxidant

complex present only in

The ingredients of i-like

spirulina are biologically

bound and can be better

The active bioresonance

Spirulina by i-like are balan-

ced in yin and yang. Thus,

the bioactivity is increased

and the compatibility signi-

ficantly improved! Spirulina

as a primal plant with blood

identical mineralization is

an ideal dietary supple-

ment.

utilized by the body.

blue-green microalgae.

The formula of the i-like spirulina is composed of spirulina platensis, various herbs and spices.

The contained blue-green microalgae "Spirulina" is a real superfood. It contains many antioxidants that can bind free radicals. This can prevent the decomposition of cells. It creates an antiaging effect.

In addition, it contains a high proportion of essential amino acids that can not be formed by the body itself. It therefore consists of 65 to 71% of complete protein and has almost all essential and nonessential amino acids.

The algae can also score points with minerals. It contains well absorbable iron. a high concentration of beta-carotene and vitamins.

Spirulina is often offered as a powder. In algae, however, compacts are more valuable, because they are not split in the stomach, but in the intestine, where they unfold their full effect.

# Advantages of Bioresonance Spirulina



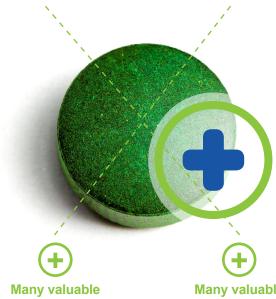
#### well-tolerated

Thanks to the herbal formula in Yin and Yang, the active bioresonance Spirulina is well tolerated compared to conventional Spirulina products.



#### **Bioresonance**

Spirulina is an exceptionally good storage of bioresonance frequencies due to its high content of mineral ingredients.



# benefits

The main ingredient Spirulina platensis allows you to benefit from many benefits that have been proven by various studies.

### Many valuable ingredients

You benefit from many valuable ingredients such as beta-carotene, vitamin E, calcium, magnesium, iron, zinc and much more.

## Multitalent **Spirulina**

#### Acid-base balance in perfection!

That civilization is slipping more and more into "acid"; is a well-known truth. Nutrition, stress, cosmetic products and much more leaves acid behind. Spirulina counteracts an hyperacidity of the organism. If taken regularly, the base metabolism is significantly activated. This is a good way of counteracting hyperacidity. Spirulina is thus one of the most effective acid-base regulators for our organism at all.

#### Spirulina in accordance with the five elements

Spirulina is bitter by nature and belongs to the element fire. For many people, the bitter powder is not well tolerated. Therefore it is advantageous to mix spirulina with other herbs or spices. The new formula with herbs, according to the nutrition philosophy of the five elements of the Asian regeneration philosophy, can help. This not only eliminates possible discomfort, but also further improves the biological availability of all Spirulina vital substances.



**Conclusion:** Spirulina in tableted, concentrated form can thus be proclaimed as superfood.

