



i+like<sup>TM</sup> Metaphysik



**BIORESONANCE BEAUTY AND WELL-BEING**



# True beauty comes from within!

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FIND YOUR SKIN BALANCE,  
TO ENHANCE YOUR OVERALL BEAUTY!



BEAUTIFUL IS ANYTHING THAT  
YOU LOOK AT WITH LOVE.

Christian Otto Josef Wolfgang Morgenstern 1871-1914

As described in the quote beauty is an expression of love, admiration and devotion. Through the radiance of a human being, beauty can also lie outside of the purely physical realm, for beauty comes from within. But beauty is also related to „being happy“. „Most people are as happy as they have made themselves“ (Abraham Lincoln, 1809-1865). Do yourself good and take care of your face and body with gentle, effective and balanced care products, so that you can radiate from the inside to the outside and feel comfortable.

# The skin can!

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«HUMAN IS A BEING OF BODY, SOUL AND SPIRIT - THEREFORE IT IS OUR RESPONSIBILITY TO TAKE CARE OF OUR HOLISTIC BEAUTY AND HEALTH.» (DR. ALFRED GRUBER)

The skin is not only our largest organ. It is probably also the most versatile at all. It is responsible for the entire change, from the inside to the outside and takes on many extraordinarily important functions. In addition, our internal organs in the form of reflex zones are reflected, for example, on the facial skin. I-like has set itself the task of actively supporting these great abilities. The combination of the latest Swiss Bioresonance technology, values of Asian regeneration philosophy and phyto-healing

and Western, modern science have created products that are unique worldwide. High quality, purity and naturalness are equally important for all ingredients used. All cosmetic ingredients are balanced according to the basic principle of the five-element teaching in Yin-Yang. The latest findings of cosmetic research are taken into account in the same way, in accordance with decades of traditional recipes and wisdom.



## FACIAL REFLEX ZONES THE «SOUL» OF INSTITUTIONS!

Reflex zones and acupuncture points have long been central to Asian culture when it comes to the well-being of man. They describe the connection of emotions and organisational affinity in a complex system. The reflex zones in the face play a decisive role, because our face can be described as a link between body, mind

and soul in relation to the outside world. It is the mirror of the life we have lived. The realisation that the most sensitive reflex zones lie on the face and that these have a direct influence on the internal organs, may make the importance of the composition of the cosmetics to be applied, even more distinct.





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# Bioresonance!

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«BEAUTIFUL PEOPLE BRING JOY,  
CHARISMA AND INSPIRATION.  
THE APPEARANCE IS THEREFORE SECONDARY. »

(DR. ALFRED GRUBER)

For thousands of years the healing clerk has been concerned about the regeneration capacity of man. The belief that everybody can heal itself is an ancient science. It has only been about 2,000 years since disease has started. In many cases with success, but unfortunately also with drastic effects on the ability to regenerate. Especially in the last one and a half centuries, reparation medicine has become supremely dominant. Treatment is now practically only perceived as an effect against illness. There are well over 50,000 named diseases. You can do something about most of them - i.e. to fight. But, who cares about health?

Health in itself is a potential of vitality that everyone carries within your own regeneration helps to keep your body, mind and soul in good resonance. Those who are themselves healthy have the in-built potential to regenerate illnesses and to be truly beautiful from the inside out.

It is important to be in optimal vibration with nature, i.e. biology. Thus, the bio-resonance has already been described. Bioresonance helps to reconcile the body with its tasks of nature and its health. In particulate, Bioresonance recognises and promotes the self-repair ability of the skin. Self-regulation is significantly increased through use of i-like beauty and personal care that activate Bioresonance. The skin can regenerate and the radiant power is significantly increased.

Beauty radiates from the inside outwards. This is explicitly promoted with Bioresonance. By activating Bioresonance with basic i-like cosmetic products, the cell regeneration, the cell repair function as well as the osmosis (exudation of toxins and detoxification) are further promoted. The skin can regenerate, become smooth, vital and beautiful.







# FeelGood mask

Helps to revitalise the skin, gives a feeling of wellbeing and tightens the wrinkles



FeelGood mask

- **Stem cell technology for cell renewal**
- **Particularly worthwhile vitalisation through Bioresonance**
- **With Coconut Pichia extract for reducing wrinkles**
- **Content per bag: A mask for an application**

## Special features of the recipe:

Bioresonance activated mask for absolute well-being

Revitalises and relaxes at the same time

A balanced yin-yang recipe

With the FeelGood mask from i-like, you benefit from unique active ingredients and optimisation through the latest Swiss Bioresonance technology. Revitalise the reflex zones on the face. The moisturising formula gives a radiant, smooth facial skin. Plant stem cells can activate the self-regeneration of skin cells.

The self-decomposition of the skin is slowed down and thus counteracts skin aging. The Bio-Cellulose Mask from coconut acts as an additional skin regeneration agent. This effect can be further intensified and optimised by Bioresonance. The result is a new, finer skin structure.

The best way to use the mask regularly is once a week. In this manner, the product can exhibit complete success in activating the regenerating properties. The mask can of course be applied in perpetuity.



# Hyaluron Vital Serum

Removes wrinkles, revitalises, regenerates the skin and balances the reflex zones



Hyaluron Vital Serum

## Special features of the recipe:

Long- and short-chain  
hyaluronic acid in one  
application


Bioresonance  
activation

Edelweiss and  
alpine rose  
stem cells

- **Reduction of wrinkles**
- **Natural amino acids (protein building blocks as an anti-wrinkle effect)**
- **It relaxes the skin and delivers moisture deep into the lower layers of the skin**
- **Pump Dispenser Content: 30 ml**

The active Bioresonance hyaluronic Vital Serum is a highly effective serum, which is composed of the highest quality ingredients, latest technology and the latest Swiss Bioresonance finishing. The serum is balanced by the i-like philosophy in yin and yang. Thus reflex zones in the face (the „soul“ of the organs) are directly vitalised. Hyaluronic acid is considered a true miracle in the field of beauty. Long-chain hyaluronic acid provides a large amount of moisture and can penetrate deep into the skin sub layers. Thus a pad is formed. The skin looks firmer and more vital.

In addition, the short-chain hyaluronic acid stimulates the fibroblasts - that can thus form collagen. Effective wrinkle smoothing - scientifically proven! Analogue body micelle technology is the first to combine long- and short-chain hyaluronic acid. By using dipeptides and Tripeptide-5 (amino acid), it produces a highly effective serum. Combined with Swiss Bioresonance technology and many valuable ingredients, the serum is particularly effective in the regenerative formula according to Asian regeneration philosophy. The sustained positive effect on wrinkles and reduction in wrinkles formation leaves no wish unfulfilled.



DISCOVER THE PERFECT SUPPLEMENT  
FOR THE REPAIR SERUM:  
THE UNIQUE PIFU-TEA

FOR A BEAUTIFUL,  
RADIANT APPEARANCE!

## Active Repair Serum

Strengthens cell regeneration and promotes the self-repair effect



Active Repair Serum

### Special features of the recipe:

Pomegranate extract  
as skin repair agent

Active protection  
structure against free  
radicals (Antioxidant)

Coenzyme Q10 for  
oxidative phosphoryla-  
tion (energy production  
in cells)

- **Regenerates irritated skin**
- **Provides valuable Hyaluron to activate the self-formation of collagen**
- **Active protection structure against free radicals (Anti-oxidants)**
- **Pump Dispenser Content: 30 ml**

The Active Repair Serum is designed for different functions. On the one hand, its formula, balanced in Yin-Yang, contains optimal composition of herbs and active ingredients, which stimulate cell renewal. On the other hand, the serum, by activating Bioresonance, creates an oasis of vitality and good frequencies. The cell formation is thus promoted and skin irritations can be regulated. New cells are revitalised and help problem areas achieve a harmonious state. The basic principle of the self-regulation is encouraged.

The active use of the pomegranate extract and the coenzyme Q10 optimises skin remodelling and soothing irritation. Bamboo helps with the construction of the new skin as well as the extracts of Edelweiss and Alpine roses. Long- and short-chain hyalurons are important for the nutrition of the skin with moisture and for proper collagen formation. Also included are phospholipids, which are phosphorus-containing, amphiphilic (double-sided binding) lipids (water-insoluble natural products), and are involved in the construction of the double lipid layer of the bio-membranes of the skin.

# Moisturising Day Cream

Active protection against environmental influences, revitalising property to the reflex zones



Moisturising Day Cream

## Special features of the recipe:

In Yin-Yang  
revitalising recipe

Purely basic and 100%  
natural ingredients

Vegan and  
Bioresonance activated  
ingredients

- **Bamboo extract strengthens the antioxidants of the skin**
- **Purely basic to activate skin osmosis**
- **Protects, nourishes and revitalises the facial skin**
- **Pump Dispenser Content: 50 ml**

The facial skin, including the neckline, is particularly stressed by the environmental influences. However, the most valuable and finest reflex zones, which directly affect the „soul of the organs,“ are counted in the face.

With the Bioresonance-activated ingredients in Yin-Yang, balanced moisturising day cream becomes highly effective. Bamboo and Edelweiss provide an elastic, silky and smooth skin. Thanks to the latest i-like Bioresonance technology, active ingredients can be better absorbed and facial reflex zones can be balanced. The skin is intensely moisturised. The valuable ingredients contribute significantly to a balanced and even skin texture and help protect the skin from external influences.

Discover the care, protection and moisture that radiate through your facial skin.



# Regenerating Night Cream

Strengthens skin regeneration at night and provides valuable moisture



Regenerating Night Cream

## Special features of the recipe:

In Yin-Yang  
revitalising recipe

Purely basic and 100%  
natural ingredients

Vegan and  
Bioresonance activated  
ingredients

- Squalane from olive oil makes the skin supple
- Clean basic skin regeneration optimisation
- Strengthens the natural collagen production
- Pump Dispenser Content: 50 ml

Night is the building and recovery time of the body. At this time, the skin cells are very active. Any damage incurred in the course of a day, needs to be repaired during night time.

The unique i-like bio-resonance technology in the night cream activates cell regeneration and boosts skin regeneration. Thanks to exclusive ingredients such as bamboo extract and Swiss Edelweiss, the skin is intensely nourished. Care materials, such as squalane and Shea butter, ensure optimum moisture supply during the regeneration phase.

In this way, the structure of the skin can be actively supported and the facial reflex zones optimally balanced. The result is seen in the recovered and regenerated facial skin in the morning. Think of night as a skin well-ness time with the i-like regeneration night cream.

# Cleansing foam

Oil and water-soluble deep cleansing cream with natural vital nutrients



Cleansing foam

## Special features of the recipe:

Activated Bioresonance to optimise the regenerative effect

Cleanses deeply into the pores and opens the skin for nutrients

Gentle, yet very effective

- **Optimal cleaning and preparing the skin for care and medicine**
- **Deep penetrating agents**
- **Skin repair property**
- **Particularly valuable for Bioresonance vitalisation**
- **Pump Dispenser Content: 100 ml**

Thanks to the unique combination of high-quality Yin-Yang balanced ingredients and the latest i-like Bioresonance technology, the skin is perfectly cleaned.

The delicate foam cleanses particularly mildly yet effectively. It also removes makeup, cosmetics and moisturises naturally. In addition, it nourishes the skin, acts as a moisturising agent and keeps it in a healthy balance. Skin repair properties have a calming effect even with irritated skin. Through the Bioresonance activation, it balances and relaxes the face skin already before the use of day or night cream.

The cleansing foam is also excellent as shaving foam for face and body.

The result is a skin radiating freshness and purity.

## PiFu-Tea

True beauty comes from within - the balanced Pifu tea formation is ideal for this



PiFu-Tea



### Special features of the recipe:

Nourishes the  
skin from within

Bioresonance Vitalised  
Master Tea Formulation

Asian regeneration  
philosophy with Swiss  
herbs

- **Balanced master formula of Asian regeneration philosophy**
- **In Yin-Yang, balance according to the 5 basic elements**
- **Recipe for strengthening the metal (skin) element**
- **The ideal complement to i-like toiletries**
- **Contains open tea Content: 100 g**

The herbal formulas of the Asian regeneration philosophy are known worldwide. Most plants originating in Asia are often very unusual for our region. Also: The best ingredients for our own natural regeneration products grow on our sites. For this reason, Dr Alfred Gruber has specialized in the herbal remedies combining Asian medicine with Western, mostly Swiss herbs. This has resulted in various tea blends, which are summarised in Yin-Yang balance in accordance with the five elements doctrine.

The Pifu-tea blend is a master formula. Pifu means „skin“. The skin is classified in the metal element and from the point of view of Chinese medicine it is in symbiosis with the lung and the colon.

Without medicinal tea, the regenerative efficacy can be felt and is visible from the inside to the outside, after a period of regular intake. „True beauty comes from within“.

Ingredients: Angelica root - Angelica archangelica, Iceland moss - Cetraria islandica, Violet - Viola odorata, Rosemary - Rosmarinus officinalis, Seabuckthorn - Hippophae rhamnoides, Chicory - Cichorium intybus, licorice - Glycyrrhiza glabra, birch leaves - Betula folia, Marigold - Calendula officinalis, rose petals. The formulation of the five basic elements in Yin-Yang Balance



A still life composition featuring a glass bottle of bath product, a wooden scoop, and a bowl of green bath salts. The bottle is made of clear glass with a textured, pebbled surface and a silver-colored cap. It is filled with a light green liquid. The wooden scoop is made of light-colored wood and is resting in a white ceramic bowl filled with bright green, coarse-grained bath salts. The bowl is stacked on top of two more identical empty bowls. The background is a rustic, textured surface with a piece of light-colored, woven fabric draped over it. The overall aesthetic is natural and spa-like.

THE PERFECT COMPLEMENT  
TO BAMBOO-ALKALINE BATH:

THE FEEL GOOD MASK.  
FOR A WELLNESS EXPERIENCE  
THAT GOES THE EXTRA MILE!



## Bamboo AlkalineBath

High-quality alkaline bath enriched with bamboo and precious herbs



**Bamboo AlkalineBath**  
**Goji berries AlkalineBath**

### Special features of the formula:

Osmosis of the  
skin is activated

Bioresonance  
activation

Enriched with  
precious herbs

- **With halite crystal salt**
- **Wellness and pampering body care**
- **Particularly valuable for bio-resonance vitalisation**
- **A strong alkaline pH of 9.0 to activate your skin's osmosis**
- **Contains: 430 g**

Over 200 million years ago the primordial seas now under the Alps subterranean formed natural salt deposits of exceptional purity - the highest possible quality of salt. As a result of the enormous pressure on the Alps during continental drift, pure halite crystals were pressed from the natural rock salt deposits. This process is not dissimilar to the way diamond is made, something also only produced by enormous rock pressure over millennia! A true salt diamond.

This high-quality halite crystal salt forms the basis of the Active-Bioresonance Bamboo-AlkalineBath. Enriched with valuable herbs and optimized thanks to the newest Swiss bioresonance technology, this is bath wellness and pampering body care in one. Through a high pH value of 9.0, the natural osmosis of the skin is activated, drawing out toxins and poisons, and cell circulation is stimulated.

i-like recommends enjoying a bath once or more each week. For a full bath dissolve three to four tablespoons in warm water (37-39°C), or warmer if you prefer, and enjoy the bath for 10 to 30 minutes. A treat for the respiratory system and damaged skin.

# Hyaluron Hand Cream

Protective, soothing and regenerating hand cream



## Hyaluron Hand Cream Clean Hands

### Special features of the formula:

Highly concentrated  
3-chain  
hyaluron complex

Intensive care for  
supple skin

Bioresonance  
activation

- The hand creme delivers a concentrated Hyaluron-complex for active skin regeneration
- The hand creme firms hand wrinkles, reduces pigmentation and delivers valuable moisture
- Clean Hands is antibacterial und tested dermatologically
- Contains: 50 ml

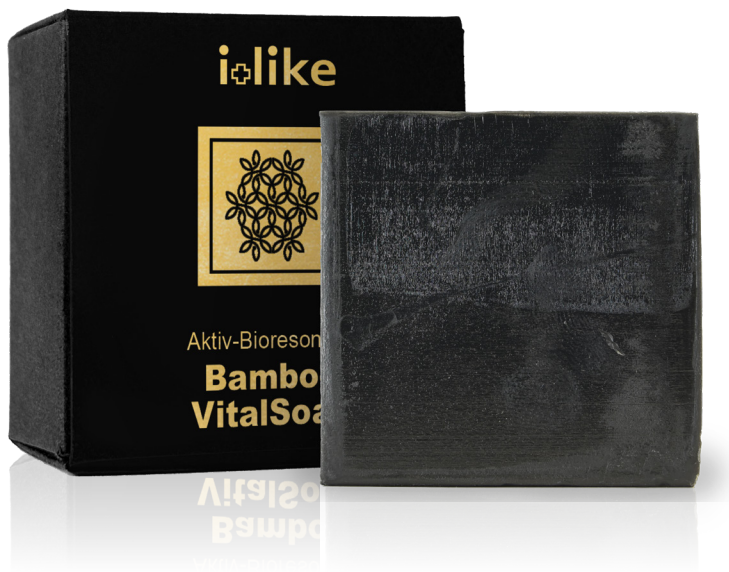
Innovative formula, for smooth, well-groomed hands. Also optimal for providing preventive protection against rough hands and irregular skin pigmentation.

The highly concentrated Hyaluron-complex provides plenty of moisture to activate the skin's repair function. The Hyaluron hand cream owes its effectiveness the latest bioresonance technology and an innovative formulation against premature ageing and the formation of pigment spots (including age spots). Special active ingredients help to reduce existing pigment irregularities. Wrinkles and creases are plumped up from the inside. With an active formula for soft and delicate skin. The hand cream prevents the hand from drying out even with frequent hand washing. Your skin stays supple and cared for.

Clean Hands is your perfect companion. Whenever there is no fresh soap or water, you can use it. The foam cleans and disinfects the hands thoroughly, reliably and 100% naturally. Moisturising substances also care for your hands. Ideal for your handbag, in the car, in the office, in the bathroom etc.

## Bamboo VitalSoap

High-quality soap made of bioactive bamboo charcoal activated by bio-resonance



Bamboo VitalSoap

### Special features of the formula:

Bioactive  
bamboo charcoal

Bioresonance  
activation

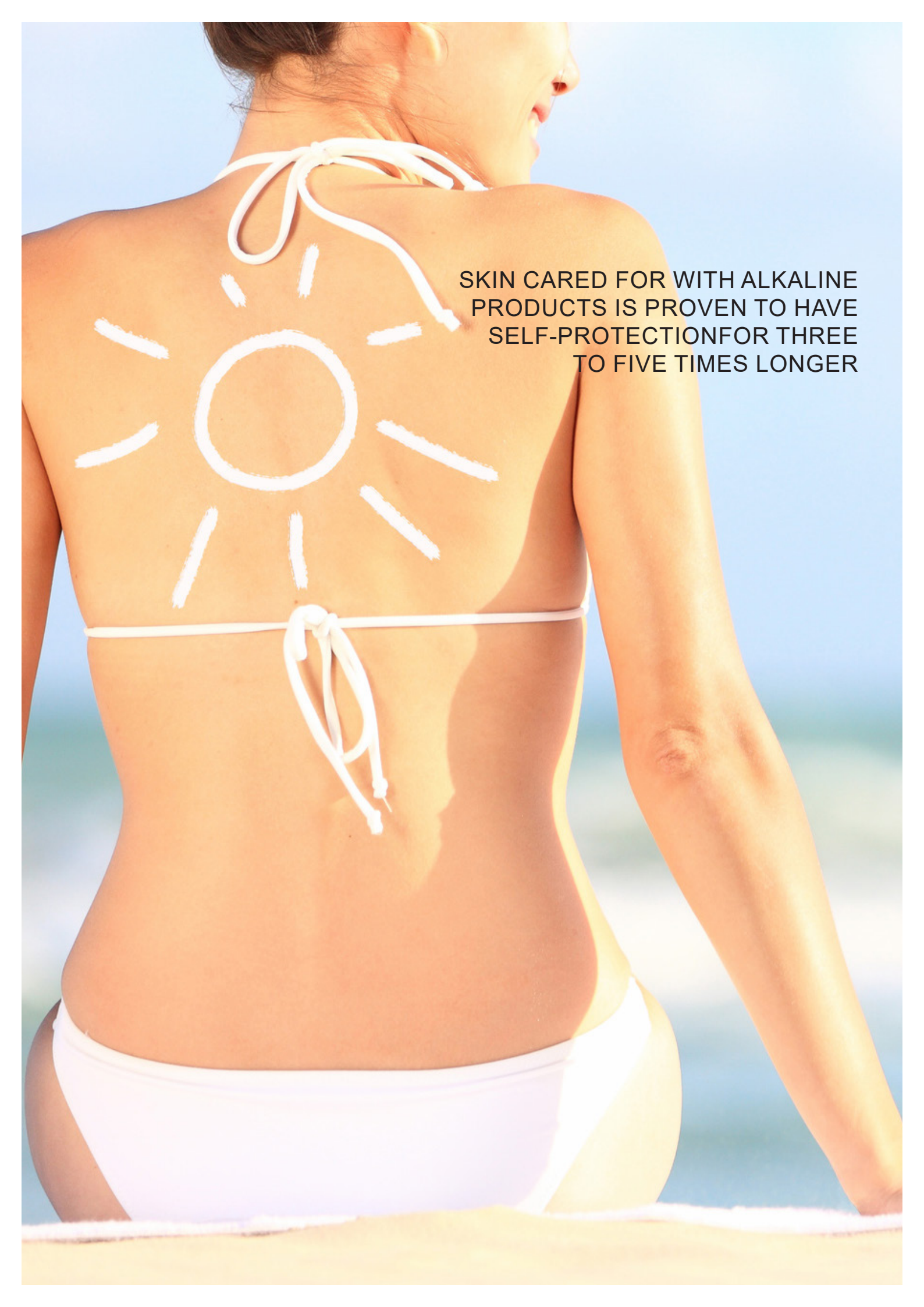
Activates the  
natural osmosis  
of the skin

- **Highly valuable thanks to the bio-resonance activation**
- **Helps the skin to form new cells**
- **Supports the regeneration process of the skin**
- **Many valuable ingredients such as bioactive bamboo charcoal, olive oil and other plant extracts**
- **Contains: 100 g**

The unique soap with bio-active bamboo charcoal and bio-resonance programming regulates sensitive skin, cleanses thoroughly and is strongly alkaline. The alkaline properties of the soap activate the natural osmosis of the skin.

Cold-pressed olive oil and many valuable phytonutrients ensure intensive skin care and a supple, soft skin feel. To prevent skin aging, it protects the skin and provides valuable moisture. In addition, Bamboo VitalSoap helps stressed skin during the regeneration process and supports the skin in the development of collagen (new cell formation).

To cleanse your face and body daily, create a good foam with the soap in your moist hands and spread it evenly on your skin. Leave to act for a short time and then rinse with clean water. Also suitable for use on sensitive and stressed skin. After cleaning, apply moisturiser.

A photograph of a woman's back, showing a large white sun tattoo. The sun has a circular center and several radiating lines. The woman is wearing a white bikini top with a halter-style back and white bikini bottoms. The background is a bright, sunny beach scene with a blue sky and ocean. The text is overlaid on the right side of the image.

SKIN CARED FOR WITH ALKALINE  
PRODUCTS IS PROVEN TO HAVE  
SELF-PROTECTION FOR THREE  
TO FIVE TIMES LONGER



## Sun protection

Alkaline UV protection for active skin regeneration



Sun spray SPF 30  
AfterSun Lotion

### Special features of the formula:

Yin-Yang Revitalising  
Ingredients

Clean alkaline  
formulation  
(pH 7.2)

Bioresonance  
activation

- Purely alkaline to activate skin osmosis
- Activates skin regeneration and provides valuable moisture
- Thanks to the natural ingredients, this sun protection is also suitable for children
- Sun spray: 150 ml - AfterSun Lotion: 200 ml

During active sun exposure the skin is particularly sensitive. Sun protection from the outside is therefore very important. At least as important as the pure protection are the nourishing, moisturising and facial regenerating functions of good sun protection.

The active bioresonance sun protection from i+like not only ensures natural protection, but is also optimised with the latest bioresonance technology. Thanks to the basic formulation of pH 7.2 and the activation by bioresonance, skin osmosis is strengthened thereby encouraging the skin's self-repair function. Experience shows that skin cared for with alkaline products remains protected for three to five times as long. Therefore, using an alkaline sun care product during and after sunbathing is optimal for every type of skin.

Simply spray the Active Bioresonance Sunspray on exposed skin when you are in the sun. After swimming, the sunscreen should be applied afresh. Regular use of the sun spray provides ideal protection and prevents the skin from drying out. The AfterSun lotion is applied evenly to the skin after sunbathing. Many active ingredients, such as bamboo and aloe vera, support the skin's repair function and regulate skin overheating.

# Deo Roll-On

24 hours of reliable protection and a pleasant fresh feeling



Deo Fresh-Energy  
Deo Sensitiv-Vital

## Besonderheiten der Rezeptur:

high-quality  
bio-ingredients

24h reliable  
protection

Bioresonance  
activation

- **Hochwertige Körperpflege, frei von Aluminium, Silikonen, Paraffinen und Parabenen**
- **Mit natürlichen ätherischen Ölen und hochwertigen Kräuterextrakten**
- **Für ein angenehmes Frischegefühl und 24h Schutz**
- **Inhalt: 50 ml**

Even if sweating is natural, you do not want to have to worry about body odour. With the i-like 24h Deo Roll-On, body odours, which arise due to the natural decomposition of sweat caused by bacteria, are eliminated. The natural essential oils and high-quality herbal extracts provide a pleasant feeling of freshness and protect against body odour for 24 hours - without aluminum salts, and without closing the skin pores.

**Fresh-Energy:** Bio-Ginger has a warming, invigorating effect and stimulates circulation - which especially benefits the activation of the lymphatic system. Its characteristic aromatic fragrance gets the body and mind going. Bio-Lemon has an antibacterial and antiseptic (germ-reducing) effect. Its fragrance is proven to elevate the mood, making lemon indispensable in activating body care.

**Sensitiv-Vital:** Bio-Acai Berry increases skin moisture, thanks to its high levels of essential fatty acid. Skin feeling pleasantly soft. Repairs skin damage and its high antioxidant content binds free radicals. Bio-Sorrel essence has an antiseptic (germ-reducing) effect thanks to the vegetable tannins. It also contains significant quantities of vitamin C.

## i-like fresh Body Care

Well-being, wellness and Bioresonance all over the body



- **Acid-Base neutral, biofeedback activated Body care**
- **Recipes in Yin-Yang Balance**
- **Revitalises and relaxes at the same time**
- **An enjoyable fragrance that promotes well-being as well**
- **Dispenser Content: 200 ml**

### Special features of the recipe:

Acid-Base neutral for optimising skin osmosis

Encourages self-repair effect of the skin

Bioresonance for the whole body

Our skin is known as the largest organ that we have. Unfortunately, it is often deprived of its own regeneration by use of acidic and mineral oil-containing ingredients.

The i-like body care range enhances the skin's self-repair properties apart from reactivating the osmosis (natural detoxification, purification). The skin is vital, maintained, relaxed, looks great and feels good.

The Bioresonance activation of the personal care products makes the body feel better. The effect and well-being are in harmony. The Yin-Yang balance of the entire skin care line is not only special, but particularly effective. Vital substances in the personal care range can be absorbed optimally; the skin is nurtured, protected and also perfectly cleaned.

Well-being and regeneration are optimised for the whole body.



# Bio-resonance Beauty Products

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## WHAT IS THE DIFFERENCE BETWEEN THESE AND “NORMAL” COSMETICS?



i-like has developed cosmetics which focus on the correction of the skin. The properties of face and body care are based on revitalising the skin and restoring the natural skin functions of absorption and release.

### **Acid-alkali balance with neutral pH-value**

Our metabolism works best in the neutral acid-alkali range (pH 7.4). Make sure that your cosmetics and care products are also in the alkaline range. An alkaline skin surface causes substances to be released from the body and allows your skin to breathe. Pores are refined, and your skin looks clean and radiant.

### **Free of paraffin and other filling agents**

Many cosmetic products are made on the basis of paraffins. These are carrier agents from the petroleum industry and should be avoided. i-like cosmetics are formulated exclusively on the basis of natural and high-quality care oils. In this way you can care for and protect your skin sustainably. Your body's own regeneration is promoted, while active ingredients can be better absorbed and penetrate deeper into the lower layers of the skin.

### **Balanced in accordance with the Asian regeneration philosophy**

The formulas according to the regeneration philosophy are very special. The energy organs are stimulated and harmonised. The effect on skin renewal, skin repair and wrinkle recovery is outstanding.

### **Anti-aging with revolutionary technology**

Traditional knowledge, natural ingredients and cutting-edge technology - this is the ideal combination. The result: a highly efficient mode of operation, sustainability, quality and purity. Enjoy the luxury of this unique care every day anew and let your skin shine in a natural way.

### **Benefit from i-like cosmetics**

i-like cosmetics are alkaline or acid-alkali neutral and free of harmful ingredients such as paraffins, silicones, allergens and artificial preservatives. Developed without animal testing. The latest findings in cosmetic research, such as plant stem cell technology, highly effective hyaluron and other active ingredients have been incorporated.

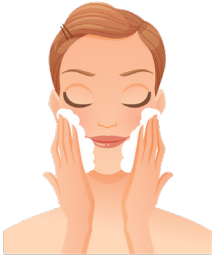
Our most sensitive reflex zones are in our face. These have a direct influence on the functions of the internal organs. The composition of cosmetics, which we often use daily, has great importance on the effect of these reflex zones.

The cosmetics are balanced in yin-yang according to the „five elements“. This stimulates and harmonises the energy organs associated with the reflex zones. These products provide an outstanding effect for skin renewal and skin repair, the acid-alkali balance and removing wrinkles

# Apply beauty products properly

## CLEAN, NOURISH AND BALANCING!

i-like recommends the following applications for the products:



### Cleaning

Gently apply to face, neck and neckline with two pumping bursts of cleaning foam. Rinse with plenty of water. It removes dirt particles, colour cosmetics and makeup. Apply once or twice before the daily care products. For optimal preparation of the skin for subsequent care products.



### Serum

For an optimally nourished skin you need an intense moisturiser with many care and/or repair agents. For this simply take a pumping shot of the serum and apply evenly to the facial reflex zones.



### Mask

FeelGood mask of i-like should be used at least once a week to repair and build and support the skin. The outstanding wellness experience for an optimal balance of the facial reflex zones and anti-aging effect.



### Grooming

Optimal care; protection and moisture for the day and the regeneration of the facial skin overnight; the basic care creams and serum from i-like are to be uniformly applied after cleaning to the facial skin. Give your skin the nutrients and nourishing ingredients it needs.



### Balance

The PiFu tea can be repeatedly enjoyed daily in any quantity. The tea strengthens the metal element, which is largely responsible for a vital skin. It can be drunk hot and cold.

### Application Tips:

The cleansing foam can be used as a shaving cream.

The serum is ideal for skin irritations, as an anti-aging skin care or for stressed skin.

The application of the mask is optimal during the i-like bamboo base bath. Pure relaxation!

Daily, natural UV protection for the skin. Intensive care for regeneration time (night).

Unique formula which optimally supports the natural functions of the skin.

# Grooming, active and regenerative substances

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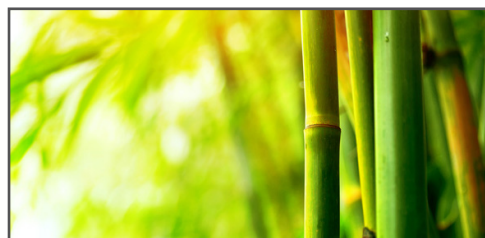
## ACTIVE SUBSTANCES FORM A SYMBIOSIS WITH OUR SKIN

By means of a selection of valuable active ingredients for the skin regeneration, it has been possible to develop a vital and nevertheless very skin-loving cosmetics range. In addition to Bioresonance activation, all reci-

pes are distinguished by the unique balance in yin-yang according to the five-element theory of Asian regeneration philosophy. The active formulations developed by Dr Alfred Gruber are probably unique worldwide.

### BAMBOO

The bamboo is considered the Qi-strongest plant in the world. Qi is the form of energy flow. Bamboo releases blockages and helps activate all functions of the skin. Due to the high content of secondary plant active ingredients, bamboo is especially valuable. With 77% silicon content, the grass is probably the most stable and strongest plant in the world. Silicon is essential for cell regeneration (mantle cell).



### EDELWEISS

The Swiss Alpine Edelweiss is considered to be particularly potent antioxidant plant. Thus, the free radicals on the skin connect with the many free ions (negative ion) from the Edelweiss and thus neutralise the harmful effects of acid and toxins. Thus, this plant is regarded as particularly strong protection against environmental influences.



### SWISS ALPINE ROSE STEM CELLS

The extract from the alpine roses in the form of stem cells helps the skin in the optimum natural regeneration. By increasing the vitality of the skin, the firmness as well as the aura can be increased.



### HYALURON

The hyaluronic acid is divided into chains of different lengths. Short-chain hyaluronic acid stimulates the fibroblasts (cells in connective tissue). Thus, collagen may be formed - the skin becomes firmer. Long-chain hyaluron retains a lot of valuable moisture into the skin. Both forms of hyaluronic acid are not compatible (oxidation). This is why i-like is based on the latest micelle technology, which makes it possible to combine both acid types in one serum.





# Grooming, active and regenerative substances

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## A SMALL CHOICE OF COMPLETE ACTIVE SUBSTANCES FOR I-LIKE BIORESONANCE COSMETICS

### POMEGRANATE

The pomegranate extract is considered a little prodigy in dermatology. Especially with irritated skin, it strengthens the optimum reparability of the skin cells. At the same time, it naturally protects the skin from UV rays and unwanted bacteria and is highly antioxidant.



### COCONUT

Pichia extract is obtained from the fermented yeast of the coconut. Pichia is considered the natural face-lifting remedy per se. Coconut is ideal for thin, wrinkled skin. Thus, it especially helps in reducing expression lines around the eyes, on the forehead, laugh lines and folds around the mouth.



### GREEN TEA

The strong antioxidant effect of green tea is known worldwide. As an extract, it revitalises the skin cells massively and thus promotes skin dynamics. A natural, flat skin is formed. The activating effect on the mitochondria (cellular power stations) by the green tea extract can boost the cell tension. This skin looks much more vital.



Swiss High  
Quality



Bioresonance  
activated



Yin-Yang  
Balance



- Enabled by the latest Swiss Bioresonance technology
- Balanced by the Five Basic Element in Yin and Yang
- Harmonises the skin reflex zones
- Highly effective, firming and nourishing ingredients
- Extraordinary agents combined with the latest technology and traditional wisdom
- Swiss High Quality

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Your personal consultant:

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